

DNA

The Omnos DNA test covers 190 genes with over 250 SNPs, with ongoing expansion, for only £127 (RRP)*

The DNA test allows individuals to learn about their genetic predispositions related to various aspects of their health and well-being. It provides insights into how their unique genetic makeup may influence their response to certain lifestyle choices, such as diet, exercise, sleep patterns, and stress management.

It is a fantastic tool that can help individuals become aware of their risk factors and support them in taking proactive steps to mitigate those risks by making informed personalised lifestyle decisions.

The test results are based on multi-gene and SNP interaction, providing insight to specific areas such as neurocognitive, cardiometabolic, sport performance and gastroenterology risk, just to name a few! Visit regeneruslabs.com to find out more.

✓ Quality assured

Eurofins is a UKAS-accredited medical laboratory (No. 9256)

✓ Data & security

All data is anonymised via ID numbers and no personal information is shared with the testing lab or 3rd party. All samples are destroyed after 90 days

✓ Non-invasive sample collection

Buccal Swab

✓ PDF provided

The Omnos report is colourful and visual, and provides a description of each gene making it easier to understand each gene's function and recognise how it may be affecting your client's health

✓ Clinical support

To avoid unnecessary confusion or anxiety, and to ensure accurate interpretation, get guidance and ethical consideration on effective integration of genetic insights into an overall health management plan with Regenerus clinical support



The test covers various results states, including:

Exercise & Recovery potential

- Injury potential
- Endurance performance
- Muscle building
- Power performance
- Recovery
- Weight Loss resistance from exercise
- Restless leg syndrome

Neurocognitive risk

- Brain function
- Memory loss during inflammation
- Probability of Aggressive behaviour
- Probability of Impulsive behaviour
- Probability for Anxiety
- Potential for expressing Empathy
- Potential for expressing Extraversion
- Potential for expressing Anger
- Probability of Agreeableness
- Potential for Depression
- Insomnia
- Susceptibility to stress
- Potential for Nicotine dependency
- Alcohol sensitivity
- Alcoholism
- Addictive behaviour
- Melatonin need
- Circadian Rhythm
- Poor Eating behaviour
- Restless leg syndrome
- Migraines
- Potential for reduced longevity/ageing
- Methylation

Gastroenterology & Immunity risk

- Gluten sensitivity
- Food Sensitivity
- Dairy intolerance
- Caffeine sensitivity
- Detoxification
- Infection
- Immune system dysregulation
- Circadian Rhythm dysregulation
- Obesity
- Weight Loss resistance
- Type 2 diabetes
- Poor Respiratory disease infection outcome
- Antioxidants need
- Methylation

Cardiometabolic risk

- Circadian Rhythm dysregulation
- Obesity
- Weight loss resistance
- Type 2 Diabetes
- Caffeine sensitivity
- Cardiovascular risk
- Blood Pressure dysregulation
- Melatonin need
- Omega 3 need
- Potassium need
- Methylation

Endocrine risk

- Estrogen dysregulation
- Thyroid dysregulation
- Poor Reproductive health
- Hair Loss Potential
- Iodine need

Nutrient deficiency risk

- Calcium need
- Iodine need
- Magnesium need
- Omega 3 need
- Potassium need
- Iron overload
- Iodine need
- Vitamin A need
- Vitamin B12 need
- Vitamin C need
- Vitamin D need
- Vitamin E need
- Iodine need
- Vitamin K need
- Zinc need
- Vision
- Antioxidants need
- Bone density loss
- Skin ageing
- Restless leg syndrome
- Migraines
- Skin sensitivity
- Skin health
- Methylation

